

Girl Scouts of Greater Iowa and A Way Through Present:

# ***When Girls Hurt Girls™:***

***How to Reduce Female Bullying in Your Community***

**FREE**

**Community forum  
on Relational  
Aggression of girls  
in grades K-8**

*Parents...*

*Educators...*

*Coaches...*

*Community Leaders...*

Join us as we present a **free** program developed by **www.AWayThrough.com** which provides simple tips, powerful tools, and practical advice on **coaching girls** (grades K-8) **through hurtful friendships, or female bullying.**

### ***You will learn:***

- What **relational aggression** is and **why girls use it**
- The **5 common Friendship Weapons™** girls use against each other
- **3 things that must be present** for girls to solve a friendship problem
- **Strategies** to reduce female bullying in your community
- To teach girls to be **independent** and **solve their own friendship problems**
- Specific strategies that can be implemented immediately.



**DATE:** Monday, March 29, 2010

**TIME:** 6:30 - 8:00 PM

**PLACE:** Mercy Medical Center

East Tower Auditorium, 1111 6<sup>th</sup> St.  
Des Moines, IA

**RSVP:** Linda Bisgaard at [lbisgaard@gsiowa.org](mailto:lbisgaard@gsiowa.org)  
or phone 800-342-8389

*Presented by:*  **A Way Through™**

*Sponsored by:*  **Girl Scouts®**  
Girl Scouts of Greater Iowa

*Can't make it to the community forum? No problem.*

Visit [www.AWayThrough.com](http://www.AWayThrough.com) to get a free copy of the **audio course**,  
**"9 Mistakes Parents Make When Their Daughter is Suffering From Hurtful Friendships"**  
Or

Visit [www.girlscoutsiowa.org](http://www.girlscoutsiowa.org) where girls can join together to grow in courage, confidence and character.